



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

VALPARAISO FAMILY YMCA

1201 Cumberland Crossing Drive, Valparaiso, In 46383

219 462 4185

FAX 219 477 4720

www.valpoyymca.org

2026 COED T-BALL/BASEBALL LEAGUE AUGUST 3 TO OCTOBER 3

Overview

We believe that Youth Sports should be used to develop a child's character while also giving them an opportunity to be active and enjoy being introduced to a new sport. For more experienced players we still believe in giving all children the opportunity to succeed and always place the emphasis on providing a fun environment for your kids.

Divisions

T-ball Ages 3 & 4 (Coed)

Baseball Ages 7 & 8 (Coed) *Coming Soon

T-ball Ages 5 to 7 (Coed)

Baseball Ages 9 & 10 (Coed) *Coming Soon

Practice

- ◆ Each team practices once per week starting the week of August 3
- ◆ Practices will be 30 minutes - 60 minutes at the Valpo YMCA Pavilion Fields

Games

- ◆ All teams will play 6 games (weather dependent) at the Valpo YMCA Pavilion fields
- ◆ Game dates: 8/22, 8/29, 9/5, 9/19, 9/26, & 10/3
- ◆ T-ball Games will be played up to 50 minutes
- ◆ Baseball Games will be up to 90 minutes

Equipment

- ◆ The YMCA will provide: Bats, bases, helmets, & balls

Our Mission

To put the Christian principles of caring, honesty, respect and responsibility into practice through inclusive programs that build healthy spirit, mind and body.



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Uniforms

- ◆ Jerseys purchased at the time of registration will be distributed at your second practice

Volunteer Coaches Meeting

Volunteers are needed to help coach!

Volunteers can mark that they are interested in coaching on the registration for their child or contact Kevin by email or phone (information below) if interested in helping.

Our meeting will be Tuesday, July 28th @ 6 pm out at the Valpo YMCA Pavilion

If you have any questions regarding the YMCA's T-Ball or Baseball program,
please contact the Sports Director Kevin Freyenberger

at kfreyenberger@valpoyymca.org

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T-ball Rules to Know

- Wins and losses are not recorded
- Batters and baserunners must all wear a helmet
- There are no strikes, balls or outs, and everyone will bat each inning
- Once the ball is in play, the baserunner can only advance one base (even if there's an overthrow).
- Even though outs are not recorded, we still want to encourage the children to throw to first
- When the last batter puts the ball into play, all players will advance to home plate
- Once everyone has batted once, the team can swap places with the fielding team

Baseball Rules

- ◆ Coming Soon

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